

Useful tips for sensor wear Sensors stick better when you wash, clean, and dry your skin before application

## 1. WASH

Only use non-moisturizing, fragrance-free soaps to wash the area where you'll apply the sensor

## 2. CLEAN

Use the alcohol wipe provided in the sensor kit to remove any oily residue

## 3. DRY

Allow your skin to fully dry before applying the sensor



### BEFORE YOU APPLY THE SENSOR:

- Be sure to choose an approved application site the back of your upper arm
- Do not use body lotion or cream where you'll apply the sensor as they may leave an oily residue on your skin
- Do shave any excess arm hair as it can get caught between the sensor adhesive and skin



Abbott

The FreeStyle Libre 2 flash glucose monitoring system is indicated for measuring interstitial fluid glucose levels in people aged 4 years and older with diabetes mellitus. Always read and follow the label/insert.

# Add extra stickiness with these products\*



FreeStyle

Libre 2









TORBOT SKIN TAC torbot.com A hypoallergenic and latex-free "tacky" skin wipe

SKIN-PREP PROTECTIVE WIPES smith-nephew.com Helps tape and films adhere to the skin

MASTISOL LIQUID ADHESIVE eloquesthealthcare.com A clear, non-irritating liquid adhesive that secures dressings

OVER-BANDAGE

A medical-grade adhesive; bandage or tape. If using, it must be applied at the time of sensor application. It is important that you only remove it when your sensor wear is over as the sensor may come loose when peeling it off. Be sure to leave the opening/hole in the centre of the sensor uncovered so it can breathe.



CAVILON NO STING BARRIER FILM *3m.com* An alcohol-free barrier film

An alconol-free barrier film intended to protect skin from body fluids, adhesives, and friction

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COLUMN STREET,	

TEGADERM I.V. 3m.com A transparent film that provides adhesive strength

\* This list is not comprehensive and the information presented does not constitute an endorsement of the manufacturer or the product quality. Abbott Diabetes Care is not responsible for the completeness or accuracy of product information. Product availability may vary by country and region. The manufacturer's instructions for use of each product should be followed. Product images are for illustrative purposes only.

# Tips to keep your sensor in place

EASY DOES IT Be careful not to catch your sensor on a doorway, car door, seat belt, or furniture edges



### CONTACT SPORTS AND HEAVY EXERCISE

Be sure to select a site on the back of your upper arm that will minimize the risk of knock-off, and consider using an over-bandage and/or any of the items on the previous page



#### SLOW DOWN

When dressing or undressing, be careful that you don't catch your undergarments on the sensor



HANDS OFF Try not to play with, pull, or touch the sensor while wearing it



life. to the fullest."

Abbott



FreeStyle

FLASH GLUCOSE MONITORING SYSTE

Libre 2





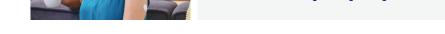
#### PAT DRY

After a shower or swim, take extra care when towelling off to avoid catching or pulling off your sensor

DRESS FOR SUCCESS Try to give your sensor room to breathe by wearing loose-fitting clothing and lightweight material







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